



COURSES AND ACTIVITIES

Term 1 2018

January 30 — March 29

Managing finances for younger women—FREE

WIRE-Women's Info & Referral Exchange

A workshop on women's financial well-being focusing on how to have a healthy financial relationship.

2.00pm – 4.00pm
March 21

Financial well-being for older women—FREE

WIRE-Women's Info & Referral Exchange

A two hour financial well-being session for women who are retired or considering retirement. This workshop looks at barriers to financial security and what supports may be available.

10.00am – 12.00pm
March 22

Travellers Italian

Jill Opperman

Are you planning a trip to Italy or would like to stretch your mind with a new language, come and learn useful phrases and much more.

9.30am – 11am Wednesdays
February 7 & 21, March 7 & 21
\$60

Intermediate Italian

Jill Opperman

For those continuing to learn this wonderful language and more about the culture. Join us for some great conversations.

11am - 12.30pm Wednesdays
February 7 & 21, March 7 & 21
\$60

Australian Art: modern to contemporary

Christine Dobson

This 6 week art course will cover 1880 to present day Art in Australia. Each week different artists will be shown, discussed and their painting techniques and styles practiced by participants. Is suitable for beginners to advanced levels. Chris teaches in a fun, creative, informal and informative way with a hands on approach.

4pm - 5.30pm Mondays
February 5—March 19 (no class 12/3)
(6 sessions) \$95 + \$50 materials

Community Garden

Come and get your hands dirty in the community garden. Every week includes hands on gardening, growing and harvesting. Learn about your garden through discussion with other like-minded gardeners. Come along once or come along every week.

10.00am – 12.00pm Tuesdays
No charge

Big Life Dinners:

Looking for 10 people!

A series of five dinners and conversations about FIVE big questions of life: Each session participants bring food to share and respectfully share views on the set topics.

1. How do I relate to people who are different to me?
2. How can I love and be loved?
3. What is the meaning of life?
4. How do I make family work?
5. What do I do when bad things happen?

For more information and bookings

phone Geoff on 0407 349 578
6.30pm—9.30pm

February 13, 20, 27

March 13, 20, 27

Facilitated by Geoff Barker

The Magic of Self 1 & 2

Joanne Hartwich

Life changing workshops. Would you like to manifest magic and positive changes in your life? Discover the mindset that has limited your success, in business, financial abundance, intimate relationships, spiritual growth, and more. This workshop is based around the philosophies of Louise Hays. Attend one or both days.

Time 10.00—3.00

March 3 & March 17

\$80 for one, \$140 for both.

Handbell Workshops

Suzanne Brimacomb

A 3 octave set of bronze handbells will be at the Port Fairy Community House. Any age & any level of musical expertise is welcome! This is a group activity involving 8 – 17 people. Come along and experience that 'ringing sensation' of the nicest kind.

February 18 and/or March 24

1.30pm – 3.30pm

\$20.00 ea



CHILD CARE AND PRE-KINDER PROGRAM

NURTURING — EDUCATIONAL — STIMULATING

- * Highly-qualified and experienced staff
- * Individualised care in small groups
- * Quality early learning program
- * Develops readiness for kinder

ENROLMENTS OPEN

For enquiries and further information please call 5568 2681
or email:- childcare@portfairycommunityhouse.com.au

VISIT OUR WEBSITE www.portfairycommunityhouse.com.au

Call us on 5568 2681

All participants must be current members of Port Fairy Community House (\$10 annual fee)

All learners enrolling in a short course or activity must be a current member of Port Fairy Community House. Membership: \$10 an individual, \$15 a family. Valid for 12 months.

Yoga

Annette Graham

A traditional style of yoga, suitable for most fitness levels. Bring a small blanket, cushion and yoga mat if you have one. Annette is known for her gentle, non-judgemental teaching style and authentic approach to developing connectedness between mind, body and breath for greater awareness and health. Held at the St Johns Hall.

5.30pm – 7.00pm Tuesdays

6 class card for \$90 valid for 3 months

Beachcombing Walks

John Miller

Join the avid spotters and learn more about the beach environment. This relaxed 45 minute walk explores the beach. Discover and identify animal, mineral and plant matter washed up on the beach overnight. Followed by an optional coffee and chat. Dogs on leads welcome. BYO hat and sunscreen.

Meet at South Beach car park

8.00am Thursdays

Ukulele Group

Join this vibrant group of musicians and have some fun. Beginners and visitors most welcome.

7.30pm – 9.00pm Thursdays

Gold coin donation

MARKET DATES:

@ Railway Place

January 1, 6, 13, 20, 27

February 10, 24

March 24, 31

April 14, 28

STALL HOLDERS

Bookings are essential

Visit the Community House webpage for more information and application forms.

The market is looking for a volunteer to help with setting up and packing away the Sit & Relax area. At 8am and 1pm on market days for 1/2 an hour each time. Let us know if you can help.

More Felting

Maureen Stone & Maree Stewart

Two sessions to help consolidate your felting knowledge. Bring your projects and ideas to work on. Beginners are also welcome. Attend one day or both.

10am—12.30pm

February 24 and/or March 24

\$40.00 ea

Essays and Ideas

Maggie Currie

This year we will be discussing - The Best Australian Essays 2017 – edited by Anna Goldsworthy. The essays are far ranging in topics and promise to get to the heart of what's happening in Australia and the world. Contributors include Barry Humphries, Stan Grant, Keane Shum, Nick Feik, Michael Adams, Tim Flannery, Sonya Hartnett, Harriet Riley, John Clarke, Jennifer Rutherford and many other much loved writers.

We read 2 essays for each session and discuss literary merit, subject, content and relevance to the present day and our own beliefs and experiences. We welcome new members to join our group. Bring your own copy of Best Australian Essays 2017 (from \$26.00 – ebook from \$9)

10.00am – 11.30am Tuesdays

February 13 & 27, March 13 & 27,

April 10

\$25

Introduction to Buddhist Meditation and Mindfulness

Dh Sanghamati

Learn traditional techniques that will bring mindfulness, mental tranquillity and emotional positivity to your everyday life. This is a much loved course run by our local trainer Sanghamati. Held at the Buddhist Community Shrine Room, 3 Willoughby St, Port Fairy.

7.30pm – 9.00pm Thursdays

March 1, 8, 15, 22.

\$50

Seaside Singers

Lynda Beekhof

Join this community choir for singing, harmonising and friendship. This choir is for anyone who loves to sing or would like to learn how to sing.

7.30pm – 9.00pm Mondays

February 5 – March 26

(8 sessions) \$64

Walking Group - Heart Foundation

Morgan McAlinden

All paces catered for. Sorry no dogs. Optional social cuppa afterwards. Meet outside Sterling Espresso Bar on Bank St, all year.

9.30am—10.30am Fridays

Life Writing

Carol Campbell

Writing about your own experiences and memories. For writers of any level including complete beginners. Topics are given to inspire and guide. Supportive & ongoing, join at any time.

1pm – 2pm Wednesdays

\$5 per week

G.I.R.L.S - for 10-12 year olds

Justine Demaine, The Quirky Therapist

Looking at and discussing: body image, girls rights, bullying, determination, social media, school, friendships and more.

10am—12.00pm

February 10,17,24 &

March 3,17,24

(6 sessions)

\$120.00

COMMUNITY GROUPS AUSPICED BY PORT FAIRY COMMUNITY HOUSE:

Belfast Bookers

Naida Johnson 0409 234 123

Port Fairy Garden Group

Julie Burt 0437 244 100

Puddle Jumpers

Tracey Grey 0488 681 374

Daneel Robinson 0401 844 738

Tai Chi

Netta Hill 0402 439662

Textile Art Group

Doris Madden 0419 353334

Maureen Stone 0427 218 129

Water Aerobics

Martina Murrihy 0429 195 508

For more information on these activities, please phone the person listed

Art Classes—beginners

Chris Dobson

Learn basic line drawing and colour theory practice, in an informal setting. Suitable for beginners to advanced participants. This 6 week art course will include pencils, paint, pastels, charcoal on paper; learning basic drawing and painting techniques in a fun and playful environment.

1.00pm - 2.30pm Tuesdays

February 13—March 20

\$95 + \$30 materials



Reception Hours: 10am—1pm Mon-Fri.

Railway Place, Port Fairy

5568 2681

Email: carol.c@portfairycitycommunityhouse.com.au